



Towards Personal Health Monitoring: Developing a Home-Use Paper-Based Phenylalanine Test

Problem

Phenylketonuria (PKU)

Genetic disorder preventing metabolism of amino acid phenylalanine (Phe)

• High Phe levels leads • No cure - patient must to intellectual disability adhere to strict lifelong diet

Problem: PKU patients do not have a method to quickly check their Phe levels





Send blood to lab

Results inform diet

Objectives

Leverage **paper microfluidics** to create a simple, at-home diagnostic device to measure phenylalanine in blood

Current Design

Optimize pH conditions in device and characterize performance

Performance Goals

Sensitivity: $< 1 \frac{\text{mg}}{\text{dl}}$ Phe **Error**: < 5%

Paper Microfluidics

Use low-cost porous materials as a platform for health diagnostic tests



Glucose and Protein Test [1]



- No external pumps needed fluid moves by capillary action
- Complex laboratory tests can be translated to a small, portable and easy-to-use format







<u>Challenge</u>: each chemical reaction requires a different ideal pH condition



- 1) Dry buffer in pad at ideal pH
- 2) Add plasma to pad, centrifuge out
- 3) Measure plasma pH at each step

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Device Design

Three Main Device Components

- pH \approx 9 to achieve sensitive signal
- < 8 for minimal background noise pН



Solution

- Use one buffer with large buffering range: pH 6.2 - 9.4
- Dry reagents in pads at each ideal pH

Required pH Achieved in Device with Optimized Dried Buffer Conditions



Figure 1: Measured pH of human plasma in device. Grey hatched areas are ideal pH zones for that pad. N = 4, Error Bars: 95% CI



Conclusion

Device performance met goals after buffer pH optimization

- Sensitive to Phe
 - Low error (coefficient of variation)



• Device design can be used to develop other rapid diagnostic tests



Figure 2: Phe concentration curve and representative images of device signal. Tested with Phe spiked human whole blood. N = 5, Error Bars: 95% Cl

Next Steps

Contact:

- Investigate long term storage of dried reagents within device
- Compare device sensitivity to laboratory Phe tests using PKU patient blood

References

[1] G. Whitesides et al. "Paper-Based Analytical Device for Electrochemical Flow Injection Analysis of Glucose in Urine" 2012 [2] Clearblue. Image of commercial pregnancy test. 2019.

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